



VIRTUAL AEAP OPEN HOUSE

Meet the Team, Learn about Resources, Practice Mindfulness and Participate in Raffles!

THURSDAY, MAY 13, 2021 FROM 11:00 AM – 1:00 PM

The Arlington EAP is continually striving to be a place that promotes health and well-being. We aspire to be the first destination for employees seeking a place to feel supported and empowered to achieve their personal and professional goals. As a primary source of referrals we want you to be current on what's going on with EAP.

We look forward to the opportunity to connect with you. Knowing your schedule always has competing priorities we don't expect you to stay the entire time. It would be great if you could give us an hour, but if 30 minutes is all you have, please do come and share that time with us.

If you can't join us on Thursday, May 13 please feel free to participate on Wednesday, May 19 from 4:00 – 5:00 PM.

[Zoom Link](#) **Thursday, May 13, 2021 From 11:00 AM – 1:00 PM**

[Zoom Link](#) **Wednesday, May 19, 2021 From 4:00 PM- 5:00 PM**

Passcode: EAP-RE

RSVP for either date: EAP.Staff@apsva.us