

Child and Family Services Division brings you:

Community Support: In Challenging Times

Being a human being is hard – even when everything is running normally. Check out the series of online presentations to help parents, caregivers, children and all community members in ever-changing family life.



Join us for this month's session on:



**Tuesday, January 26th, 2021
from 6:30 – 8:00 pm**

[Click Here to Register](#)

Talking Tough Topics with Teens

Presented by: Michael Swisher Parent & Community Engagement Specialist and the Arlington County Teen Network Board

We will kick this event off with a brief overview of some communication strategies to help parents have successful and safe conversations with their teens. Following that, parents will have an opportunity to practice conversations with a teen, who will offer feedback and coaching tips.

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