



The Arlington EAP Virtual Open House for all APS and ACG employees

Tuesday, September 29, 2020

3:30- 5:30 pm

The Arlington EAP is excited about promoting mental, physical, and emotional well-being, as well as providing opportunities for improved self-care. We are committed to supporting and empowering you to achieve your personal and professional goals.

Drop in at your convenience to learn about the AEAP services available to you, meet staff, participate in a Mindfulness practice and enter a raffle to win a \$50 Amazon gift card.*

We look forward to the opportunity to connect with you!

Join Zoom Meeting:
[EAP Open House](#)

Meeting ID: 892 8913 2136

Please email renita.riddick@apsva.us for the **ZOOM PASSCODE**



**one raffle each hour*

